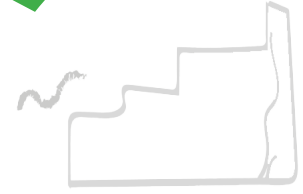


## Week 5 : Cliftonville cooks

Welcome back! This week we will focus on all things food. We will explore how food can be creative in connecting us with others and sharing our different cultures.



### The Artist's Cookbook

Create a recipe to feature in a collaborative cookbook.

**You will need:** Paper, pens, magazines, glue sticks, scissors.

#### Suggested steps:

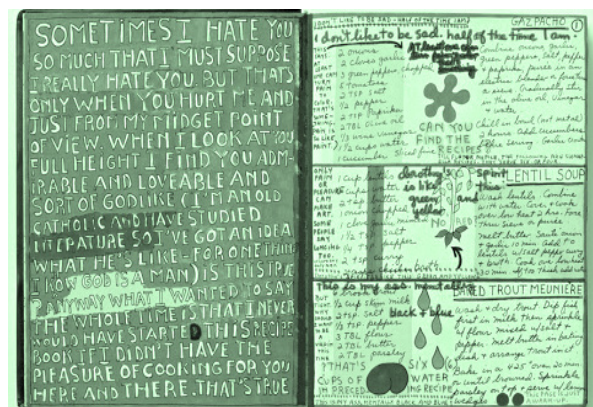
- **Think** about your recipe, could it be a family favourite or something weird and wonderful?
- **Write** out the steps to make your dish and include a list of ingredients.
- **Make it visual!** Sketch it out or use collage: cutting magazines or newspaper.
- **Include** a story about why you chose this dish.



Here's our page of the artist's cookbook.



Strange food creations from the 1970's.



Illustrated cookbook by artist Dorothy Iannone.

## 2 Your Masterchef Moment

Create a short video tutorial playfully performing your recipe.

**You will need:** Yourself, your recipe, props, a phone to film on.

### Suggested steps:

- **Choose** a space to perform your tutorial.
- **Decide** how you will showcase your recipe: you could create food props from recycled materials or use real food!
- **Think** about the type of tutorial you want to make: fun & silly or showing off your serious chef skills!

**Remember any food preparation or cooking must be supervised by an adult.**



The Muppet Show: The Swedish Chef.